

**Education Plan for:
Franciscan Northwest
Physicians Health Network
(FNPHN)**

† CATHOLIC HEALTH
INITIATIVES

Franciscan Health System

November 2014

Education Plan for
Franciscan Northwest Physicians Health Network – Continuing Care Network

The Franciscan Healthcare System (FHS) Education Ad Hoc Subcommittee is committed to assist in identifying and spreading education best practices in structure, process, outcomes / quality improvement and standardization to those organizations within the Franciscan Northwest Physicians Health Network (FNPHN) It is the goal of the committee to promote a Continuing Care Network (CCN) wide education program that ensures staff in their individual care settings are at the forefront of the profession. Additionally, to provide effective methods of sharing best practices among all CCN members to improve overall performance.

Focus of educational endeavors:

- 1.) To decrease 30-Day readmissions within the continuum of care
- 2.) Incorporate use of Franciscan developed pathways to promote superior outcomes by presenting and encouraging Evidence-Based Practices throughout the continuity of care:
 - a. Heart Failure
 - b. Type I Diabetes
 - c. Type II Diabetes
 - d. Impaired Glucose Tolerance

Primary outlets of education:

- 1.) FHS Regional Education classroom presentations:
 - a. Basic Cardiac Day
 - b. Stroke / Neuro
 - c. Diabetes Update
 - d. Pain Management
- 2.) “Knowledge Notes” – a quarterly written communication that packages training materials for staff from components of the identified presentations/pathways or other identified training materials. Work has been initiated in an attempt to offer the “Knowledge Notes” through a Franciscan Accountable Care Organization (ACO) web portal.
- 1.) “Training Materials” from FHS Education Department site – using topics that would align with current goals for FNPHN education
 - a. Must be current and not copyrighted

Optional Education (at a cost):

- Medical-Surgical Review and Update 2014 – Enhancing Medical-Surgical Nursing Practice: Improve Your Practice Across the Care Continuum And Prepare For Certification, this is offered through University of Washington Continuing Nursing Education at a reduced cost if done through FHS Regional Educator Cindy Woolman (see attached document)

Scope of participation in FHS Regional Education classroom presentations:

- Classroom participation by FNPHN facilities will occur on a staggered basis
- A maximum of 5 FNPHN Directors of Nursing / Clinical Services Director or Staff Educators will be allowed registration per presentation
 - Registration will be allowed for one person per facility per class
 - See sign-up sheets for class dates
 - 48 hour cancellation notice

Tracking measures that will indicate a measure of success:

- 1.) FHS educational offerings attended by FNPHN partners
- 2.) Completion rates for educational offering at the FNPHN facility
- 3.) 30-Day Readmission rates for Heart Failure and Diabetes related admissions
 - a. Case Management to collect readmission data
 - b. Case Management to create pre-education versus post-education comparison

Plan considerations:

- 1.) The constraints of the FNPHN CCN Educational plan must remain cost neutral for FHS, this includes FTE neutrality
- 2.) FNPHN facilities to identify and outline their individual plans for dissemination of the four FHS structured educational offerings (i.e. how will FHS material become FNPHN presentation ready, delivery mode, and audience)
- 3.) FNPHN facilities to provide timeframe for actual implementation of FHS structured classes (i.e. presentations will begin by...)
- 4.) FNPHN facilities to develop structure and reporting process to track and evaluate the dissemination of knowledge to staff.

Education Addendum A

<p>Basic Cardiac Day</p>	<p>The course is intended for a variety of nurses. Focus is on cardiovascular drugs, acute coronary syndrome, unstable angina, chest pain, diagnostics and a brief introduction to 12-lead ECG's</p>	<p>Classroom 480 minutes</p>	<p>Dates for 2014:</p> <ul style="list-style-type: none"> • March 5th • June 3rd • September 15th • November 5th <p>Time: 0800-1630</p> <p>Location: Franciscan Education Service Center (FESC)</p> <p>Cost: Free</p>
<p>Diabetes Update</p>	<p>This course offers current information for providing care to a growing number in our patient population. FHS Diabetic Educator will review carbohydrate counting, pump management, types of insulin, resources, referrals and other relevant topics.</p>	<p>Classroom 480 minutes</p>	<p>Dates for 2014:</p> <ul style="list-style-type: none"> • April 8th • August 5th • November 19th <p>Time: 000-1630</p> <p>Location: FESC</p> <p>Cost: Free</p>
<p>Pain Management</p>	<p>This course is a combination of lecture and participation. Lectures topics include: anatomy and physiology of pain, barriers to pain management, assessment tools, non-drug approaches to pain, and use of analgesics such as non-opioids, opioids, and adjuvant analgesics. Special topics such as pain in the elderly, procedural pain and relieving pain in the context of addiction will be explored. Participants have the opportunity to demonstrate concepts while working in groups on case studies.</p>	<p>Classroom 480 minutes</p>	<p>Dates for 2014:</p> <ul style="list-style-type: none"> • February 5th • May 1st • September 4th <p>Time: 0800-1630</p> <p>Location: FESC</p> <p>Cost: Free</p>

Stroke/Neuro Day	This course covers stroke performance measures, signs & symptoms of stroke, rapid response activation/Code Neuro, types and etiology of stroke, neuro assessments, OT/PT & speech therapy, and medications. ED staff move to the Sim Lab after OT/PT to attend Mock Code Neuro and return to the group at the end of the day for evaluation of the class.	Classroom 480 minutes	<p>Dates in 2014:</p> <ul style="list-style-type: none"> • March 26th • June 25th • August 20th • October 22nd <p>Time: 0800-1615</p> <p>Location: FESC</p> <p>Cost: Free</p>
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Knowledge Notes	Quarterly written information sheet containing RHN relevant performance or practice reviews.	Quarterly circular	<p>Publication Dates for 2014:</p> <ul style="list-style-type: none"> • Winter • Spring • Summer • Fall <p>Cost: Free</p>
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Enhancing Medical – Surgical Practice	A 15 week hybrid course integrating multisite face-to-face sessions with online learning. For experienced nurses in all care settings interested in a comprehensive medical-surgical review. (Does not include the certification exam.)	<p>Contact for discounted rate: Cindy Woolman 253.573.7254 cindywoolman@fhshealth.org</p>	<p>Dates: January 9 – April 17 (Thursdays) Time: 1615-1930 Location: FESC CE: 45 hours Cost: Through FHS contact \$395.00</p>
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Training Materials	Training Materials taken from the FHS Education Website that would align with current goals or practice concerns of RHN.	To be posted to ACO website	<p>Access: Current presentations that do not have a copy write</p> <p>Cost: Free</p>
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Franciscan Education Services Center
2420 So. State St, Tacoma WA 98405
253-573-7200

Freeway Directions:

From I-5 South or North: Take Exit for Hwy 16-West toward Gig Harbor. Immediately take exit for Sprague St. Turn left onto 19th St. and left onto Trafton. FESC is on your right just past the News Tribune buildings. Look for the gated entrance to the parking lot. *You will not be able to access I-5 from Sprague after class. You'll need to turn left onto 19th, left onto Union, past Target. Left under the overpass onto Hwy 16-East, and then onto I-5.*

From the Peninsula, on Hwy 16-East: Take the Sprague St exit. Turn left onto 19th St. and left onto Trafton. FESC is on your right just past the News Tribune buildings. Look for the gated entrance to parking lot.

You can access Hwy 16-West from Sprague after your class.

Local Directions:

From 19th Street turn south on Trafton St. (it is next to 7-11 store). Trafton becomes State St. a few blocks further south. From downtown Tacoma, you can also get to FESC by driving West on 25th St. and turning right onto State St.

Parking: Other than the reserved parking, you may park in any available parking spaces. There are two gated entrances into the parking lot. **The main gate off State St. is recommended for classes.** The 2nd is located on the west side of the building and can be accessed from 24th St. (north of the building).



Gate Access: Push the button next to card reader and wait for security to answer and open the gate.

IMPORTANT: The gate will only allow entry one-at-a-time and requires a separate gate entry request for each vehicle. Be sure to buzz for gate entry before following another car into the lot. If you do not, the gate arm will come down and could result in damage to your car and/or the gate arm.

Building Access: The only access into the building is from the south side of the facility. This is the entrance facing the front parking lot, which you enter from the main gate.

When you approach the entrance, go to the window, push the call button and ask the guards to open the door. Once you enter the building, please sign-in at the registration desk in the lobby.

You may NOT have a dog in your car on FESC property, do not bring your pet!

