

## **Post-Acute Care Class Offerings for 2018**

(as of 2.1.2018)

A maximum of 5 FNPHN Directors of Nursing/Clinical Services Director or RN Staff Educators will be allowed registration per presentation. Please remember that one person per facility per class is allowed to register. If there are openings the week prior to the offering, duplicate facility registrations may occur. A 48-hour cancellation notice is requested.

Contact Debora Schweikl for class registrations/cancellations at 253.573.7284 or <a href="mailto:deboraschweikl@chifranciscan.org">deboraschweikl@chifranciscan.org</a>

Classes	Description	Dates	Status
Pain Management	This course is a combination of lecture and participation. Lectures topics include: anatomy and physiology of pain, barriers to pain management, assessment tools, non-drug approaches to pain, and use of analgesics such as non-opioids, opioids, and adjuvant analgesics. Special topics such as pain in the elderly, procedural pain and relieving pain in the context of addiction will be explored. Participants have the opportunity to demonstrate concepts while working in groups on case studies.	January 30 <sup>th</sup> (0800-1630) April 23 <sup>rd</sup> (0800-1630) Sept. 19th (0800-1630) December 12 <sup>th</sup> (0800-1630)	
Basic Cardiac Day	The course is intended for a variety of nurses. Focus is on cardiovascular drugs, acute coronary syndrome, unstable angina, chest pain, diagnostics and a brief introduction to 12-lead ECG's.	March 1st (0800-1630) June 28 <sup>th</sup> (0800-1630) September 11 <sup>th</sup> (0800-1630) Oct. 10 <sup>th</sup> (0800-1630)	
Stroke/Neuro Day	This course covers stroke performance measures, signs & symptoms of stroke, rapid response activation/Code Neuro, types and etiology of stroke, neuro assessments, OT/PT & speech therapy, and medications. ED staff move to the Sim Lab after OT/PT to attend Mock Code Neuro and return to the group at the end of the day for evaluation of the class.	January 25 <sup>th</sup> (0800-1515)  March 28 <sup>th</sup> (0800-1515)  May 24 <sup>th</sup> (0800-1515)  July 10 <sup>th</sup> (0800-1515)  October 24 <sup>th</sup> (0800-1515)  November 28 <sup>th</sup> (0800-1515)	
Diabetes Update	This course offers current information for providing care to a growing number in our patient population. FHS Diabetic Educator will review carbohydrate counting, pump management, types of insulin, resources, referrals and other relevant topics.	April 26 <sup>th</sup> (0800-1515)  October 25th <sup>rd</sup> (0800-1515)	