



**SCHOOL OF NURSING**  
UNIVERSITY *of* WASHINGTON  
Continuing Nursing Education



MEDICAL-SURGICAL REVIEW AND UPDATE 2016

# Enhancing Medical-Surgical Nursing Practice

Improve Your Practice Across the Care Continuum and Prepare for Certification



**JANUARY 7 – APRIL 14, 2016**

## A HYBRID COURSE

Integrating multisite face-to-face sessions with online learning.

## VARIOUS LOCATIONS!

See back cover for co-sponsoring sites and participating partners.

## PROVIDED BY

University of Washington School of Nursing, Continuing Nursing Education  
UW Medicine/University of Washington Medical Center

## MEDICAL-SURGICAL REVIEW AND UPDATE 2016

# Enhancing Medical-Surgical Nursing Practice

Improve Your Practice Across The Care Continuum And Prepare For Certification

JANUARY 7 - APRIL 14, 2016

15-Week Hybrid Course | 45.0 Contact hours

VISIT THE COURSE PORTAL FOR MORE DETAILS AND REGISTRATION

<http://www.uwcne.org/medsurgnursing/med-surg-onsite-2016>

*For experienced nurses in all care settings interested in a comprehensive medical-surgical review and/or in preparing for certification or recertification in medical-surgical nursing.\**

### COURSE DESCRIPTION

This 15-week continuing education course provides a comprehensive update on key topics in evidence-based medical-surgical nursing practice. The course is designed to meet two goals: 1) enhance practice in medical-surgical nursing and 2) support nurses in pursuing national certification.

Certification is a mechanism for protecting the public by clearly identifying nurses and agencies committed to the highest standards of professional preparation, patient care and patient safety. Nurses who have completed this course and taken a certification exam are very successful in attaining certification (97% pass rate). Teaching methods include lecture, discussion, case study analysis, reflective learning, test-taking practice and a strong component of mentoring.

### OBJECTIVES

*After completing this course, participants will be better able to:*

- Discuss the etiology, pathophysiology, pharmacology, nursing process and patient education related to common medical-surgical diagnoses.
- Apply evidence-based approaches to nursing assessment and intervention strategies.
- Discuss strategies that enhance patient safety.
- Explain the process of applying for national certification in medical-surgical nursing.
- Describe at least two situations in which course content is applied to nursing practice.

### COURSE FACILITATORS

**Constance Hirnle, MN, RN-BC**, Former Senior Lecturer, UW School of Nursing; Former Professional Development Specialist, Virginia Mason Medical Center, Seattle;

**Vanessa A. Makarewicz, MN, RN-BC**, Infection Control Operations Manager, UW Medicine/Harborview Medical Center; Affiliate Instructor, BNHS, UW School of Nursing

**Cindy Sayre, PhD, ARNP**, Course Director; Associate Administrator, Patient Care Services and Professional Practice, UWMC

**Nancy Colobong Smith, MN, ARNP, CNN**, Clinical Nurse Specialist, Renal and Transplant, UWMC; Affiliate Instructor, BNHS, UW School of Nursing

*BNHS=Biobehavioral Nursing and Health Systems*

*UW=University of Washington, Seattle*

*UWMC=UW Medicine/University of Washington Medical Center, Seattle*

\*New graduates should contact their Agency Coordinator about certification eligibility requirements.

## COURSE CONTENT

WEEK	TOPIC	SPEAKER
1	Focused Caring	Kristen Swanson, PhD, RN, FAAN
2	Fluid and Electrolytes Acid/Base Balance	Cindy Sayre, PhD, ARNP
3	Renal System	Nancy Colobong Smith, MN, ARNP, CNN
4	Wound Care	Colleen Karvonen, MN, RN, CMSRN, CWON
5	Sepsis Management Infection Prevention	Mary Jo Kelly, MN, RN, CCRN, CCNS, ACNS-BC Vanessa A. Makarewicz, MN, RN-BC
6	Respiratory Disorders	Erin Eddington Alden, MN, RN-BC, CMSRN, ACNS-BC
7	Orthopedic Topics	Joanie Santucci, MN, RN, OCNS-C, CWCN
8	Cardiovascular Impairment	Laurie A. Soine, PhD, ARNP
9	Caring for the Older Adult Legal and Ethical Issues	Barbara Albertson, MN, RN-BC Patsy Treece, MN, RN
10	Neurologic Impairment	Joni Herrington, MN, RN-BC, CNRN, ACNS-BC
11	Hematologic Disorders	Lenise Taylor, MN, RN, AOCNS
12	Mental Health Issues	Timothy Meeks, MN, RN-BC
13	Acute Pain Management	Debra Gordon, DNP, MS, RN-BC, ACNS-BC, FAAN
14	GI Disorders	Paula Cox-North, PhD, ARNP
15	Endocrine Disorders	Cindy Sayre, PhD, ARNP

## COURSE FORMAT

This course is presented live at the University of Washington Health Sciences Center and transmitted electronically to participating sites. To see if your agency is participating, refer to the brochure back cover and the *Agency Dates and Times* (page 6). If your agency is not a co-sponsor or participating partner, you may register independently as an individual registrant. For more details, please see *Registration Information*.

**SCHEDULE AND SYLLABUS:** The course is presented over 15 weeks. Sessions include lectures, discussions, clinical examples, test-taking practice and supplementary resources. Handouts for each lecture are available on the course website for participants to print and bring to class.

**LEARN WITH A MENTOR AND GROUP OF NURSING COLLEAGUES:** Each site has an experienced nurse who serves as the agency coordinator. The Agency Coordinator attends each class, facilitates group discussion, transmits questions to speakers and mentors participants about practice and certification issues and course requirements.

**REVIEW AND STUDY AT YOUR OWN PACE:** A password protected course website allows registrants to complete sessions that they cannot attend in person and to review content as often as desired. Recordings are posted each Friday. Supplemental presentations on topics commonly tested on certification exams are provided on the course website. The website is available to participants for one year after the course ends to enhance practice and support preparation for certification.

**HONE YOUR TEST-TAKING SKILLS:** Weekly online multiple-choice practice tests are designed for self-assessment and experience in taking computer-based certification exams such as those given by the Academy of Medical Surgical Nursing (AMSN) and the American Nurses Credentialing Center (ANCC). The weekly tests are required but not graded.

**COURSE REQUIREMENTS:** Requirements for successful completion include 1) completing weekly lectures, practice tests and evaluations for 15 weeks (100%), 2) attending class in person at least seven of the 15 weeks (or more, as required by your agency), 3) completing two Clinical Example Assignments and 4) submitting the Student Agreement, Participant Profile, Pre and Post Tests, and final course evaluation. All assignments are completed electronically. Lectures may be completed online when not attended in-person. Individual agencies may have additional requirements. Check with your Agency Coordinator.

**TEXTBOOKS:** There are no required texts for this course. However, suggested books and texts are listed on the course website for independent study.

**SITES & PARTICIPATING PARTNER | AGENCY COORDINATORS | REGISTRATION CONTACTS**

ALASKA	AGENCY COORDINATOR	REGISTRATION CONTACT
Alaska Native Medical Center Anchorage, AK	Cindy Lietzau, Clinical Nurse Specialist c Lietzau@anthc.org • 907-729-1134	Contact Cindy Lietzau regarding eligibility and registration.
Maniilaq Health Center Kotzebue, AK	Teri Doughfman-Billings, MSN, RN Assistant Director of Nursing teri.billings@maniilaq.org 907-442-7188	Contact Teri Doughfman-Billings for details regarding eligibility and registration.
HAWAII	AGENCY COORDINATOR	REGISTRATION CONTACT
Straub Clinic & Hospital	Sarah Kim, MBA, MSN, RN-BC Nurse Educator sarah.kim@straub.net • 808-522-2721	Contact Sarah Kim regarding eligibility and registration.
IDAHO	AGENCY COORDINATOR	REGISTRATION CONTACT
Portneuf Medical Center Pocatello, ID	Jennifer Warren, BSN, RN, CMSRN, CPN Director of Medical & Surgical Services jenniferwa@portmed.org • 208-239-2494	Tuition will be paid by PMC with approval of Med-Surg Director. Contact Jenn Warren for details about registration and eligibility.
WASHINGTON	AGENCY COORDINATOR	REGISTRATION CONTACT
CHI Franciscan Health Tacoma, WA	Cindy Woolman, BSN, RN, CMSRN Regional Nurse Educator cindywoolman@fhshealth.org • 253-573-7254	Contact Cindy Woolman for information.
Island Hospital Anacortes, WA	Kathy Corrion, BSN, RN Nursing Education Coordinator kcorrion@islandhospital.org 360-299-1300 Ext 2600	Contact Kathy Corrion for information regarding eligibility and registration.
Jefferson Healthcare Port Townsend, WA	Amber Hudson, MSN, RN Clinical Nurse Educator ahudson@jeffersonhealthcare.org 360-385-2200 Ext 3740	Contact Amber Hudson for details regarding eligibility and registration.
Kittitas Valley Healthcare Ellensburg, WA	Arla Dunlop, BSN, RN Staff Development Director ADunlop@kvhealthcare.org • 509-933-7525	Contact Arla Dunlop for details regarding eligibility and registration.
Madigan Army Medical Center Tacoma, WA (Participating Partner)	Nancy S. Hodge, MSN, RN, ACNS-BC Med-Surg Clinical Nurse Specialist nancy.s.hodge.civ@mail.mil • 253-968-3481	Contact Nancy Hodge for details about registration.
PeaceHealth St. Joseph Medical Center Bellingham, WA	Cris Gonzales, MSN, RN-BC CMSRN Clinical Nurse Educator cgonzales@peacehealth.org • 360-756-6825	PeaceHealth St. Joseph Medical Center will pay the tuition for this course, but participants must agree to sit for one of the national exams within 6 months upon completion of this course. If the participant does not sit for the exam or chooses not to, then the tuition cost will be paid for by the participant.
Providence Centralia Hospital Centralia, WA	Lisa Gallagher, BSN, RN-BC Clinical Nurse Educator lisa.gallagher@providence.org • 360-827-8596	Contact Lisa Gallagher for details about registration and eligibility.

WASHINGTON	AGENCY COORDINATOR	REGISTRATION CONTACT
Providence St. Peter Hospital Olympia, WA	Sarah Culbert, MN, RN, CMSRN Clinical Nurse Educator sarah.culbert@providence.org • 360-493-7417	Contact Sarah Culbert for details about registration and eligibility.
Skagit Valley Hospital - Skagit Regional Health Mount Vernon, WA	Mary Jane 'MJ' Tyler, MN, ARNP Director of Patient Support Services mtyler@skagitvalleyhospital.org 360-424-4111 Ext 2388	Contact MJ Tyler for details about registration and eligibility.
Swedish Medical Center Seattle, WA	Cheri Constantino-Shor, RN, MSN, CRNI Inpatient Surgical CNS cher.constantino-shor@swedish.org • 206-320-2579	Contact Cheri Constantino-Shor for registration and tuition information.
UW Medicine/ Harborview Medical Center Seattle, WA	Kathy Colagrossi, BSN, RN Clinical Nurse Educator kpcol@uw.edu • 206-744-4871	Contact Kathy Colagrossi for details regarding eligibility and registration.
UW Medicine/Northwest Hospital and Medical Center Seattle, WA	Leigh McDonnell, RN, MN, CPHQ-CPHRM Director of Education, Nursing Research and Professional Practice leigh.mcdonnell@nwhsea.org • 206-368-1921	Contact Leigh McDonnell regarding registration, eligibility and details.
UW Medicine/University of Washington Medical Center Seattle, WA	Jamie Peterson, BSN, RN, CMSRN Assistant Nurse Manager messja@uw.edu • 206-598-1359	Contact Jamie Peterson for details about registration and eligibility.
UW Medicine/ Valley Medical Center Renton, WA	Megan Stevens, DNP, RN Clinical Nurse Specialist megan_stevens@valleymed.org 425-656-5535	Tuition can be paid for with available education funds. Tuition rate dependent upon the number of participants. Contact Megan Stevens or Kalyan Men (kalyan_men@valleymed.org; 425-228-3440 Ext 5759) for more information.
Whidbey General Hospital Coupeville, WA	Kristi Stevens, BSN RN, CN Clinical Nurse Educator stevek@whidbeygen.org • 360-321-1380	Open to WGH and non-WGH RNs. Contact Kristi Stevens for enrollment information.
Yakima Valley Memorial Hospital Yakima, WA	Kimberlee Foster MS, BSN Nursing Professional Development Specialist KimberleeFoster@yvmh.org • 509-249-5292	Contact Kimberlee Foster for details about registration and eligibility.
INDIVIDUALS	AGENCY COORDINATOR	REGISTRATION CONTACT
Individual Registrants (Not Affiliated with a Co-Sponsoring Agency)	Connie Hirnle, MN, RN-BC Former Senior Lecturer, UW School of Nursing; Former Professional Development Specialist chirnle@uw.edu • 206-543-1047	Contact UWCNE for questions regarding registration at 206-543-1047.

## AGENCY DATES AND TIMES

THURSDAYS • JANUARY 7 - APRIL 14	4:15 - 7:30 PM (Pacific Time)
CHI Franciscan Health, Tacoma Jefferson Healthcare, Port Townsend Kittitas Valley Healthcare, Ellensburg Madigan Army Medical Center, Tacoma Providence Centralia Hospital, Centralia UW Medicine/Harborview Medical Center, Seattle UW Medicine/Northwest Hospital & Medical Center, Seattle UW Medicine/University of Washington Medical Center, Seattle UW Medicine/Valley Medical Center, Renton Yakima Valley Memorial Hospital, Yakima	

THURSDAYS • JANUARY 7 - APRIL 14	TIME
Alaska Native Medical Center, Anchorage	3:00-6:30 PM (Alaska Time)
Portneuf Medical Center, Pocatello	5:15-8:30 PM (Mountain Time)
Straub Clinic and Hospital, Honolulu	2:00 - 5:30 PM (Hawaii-Aleutian Standard Time) <i>This site will meet January 7 - March 10, 2016 from 2:00-5:30 pm, HST and March 17 - April 14, 2016 from 1:00-4:30 pm, HST.</i>

MONDAYS • JANUARY 11 - APRIL 18	TIME
Providence St. Peter Hospital, Olympia	8:30 AM - 12:00 PM (Pacific Time)

TUESDAYS • JANUARY 12 - APRIL 19	TIME
Swedish Medical Center, Seattle	4:00-7:00 PM (Pacific Time)

THURSDAYS • JANUARY 14 - APRIL 21	TIME
Skagit Valley Hospital - Skagit Regional Health, Mount Vernon	8:00-11:00 AM (Pacific Time)

ASYNCHRONOUS ONLINE • JANUARY 7 - APRIL 14	TIME
Maniilaq Health Center, Kotzebue	Online facilitation
Individual Registrants (Not Affiliated with a Co-Sponsoring Agency)	Online facilitation

TO BE DETERMINED (TBD)	TIME
Island Hospital, Anacortes	TBD
PeaceHealth St. Joseph Medical Center, Bellingham	TBD
Whidbey General Hospital, Coupeville	TBD

## REGISTRATION INFORMATION

### CO-SPONSORING OR PARTNER REGISTRANT

#### COURSE FEE:

Your tuition is managed by your agency. Check instructions for your agency under Registration Contacts on pages 4-5.

#### REGISTRATION DETAILS:

- Registrations will be accepted on a first-come basis.
- Enrollment may be limited at your site. Early registration is strongly recommended.
- Employees of either co-sponsoring or participating partner agencies must attend classes at their own agency or pay the individual registration fee and complete the class online.

#### TO REGISTER FOR THE COURSE:

1. Attain approval from your Agency Coordinator to take this course.
2. Receive the document Getting Started from your Agency Coordinator which will include information on how to register online for this course.
3. Register for the course online at [uwcne.org](http://uwcne.org).

### INDIVIDUAL REGISTRANT

#### COURSE FEE:

The fee for individual registrants is \$695. Individual registrants will complete this class 100% online (no in-person attendance).

#### REGISTRATION DETAILS:

Register and pay online for this course at [uwcne.org](http://uwcne.org). For assistance with registration contact Hamida Moly at [hmoly@uw.edu](mailto:hmoly@uw.edu) or 201-221-2406.

#### SCHEDULE:

The course is presented over 15 weeks with online modules assigned weekly. Lectures will be available for viewing each Friday following the live, synchronous recording on Thursday evening. You should follow the recommended schedule outlined in the online classroom. All requirements must be completed by the last day of the 15-week period to earn contact hours.

#### COURSE INSTRUCTION:

The instructor for individual registrants is an experienced medical-surgical nurse educator who guides you through the course, answers questions and monitors your progress toward course completion. You can submit questions and discuss practice test issues with your instructor and with other participants online throughout the course.

#### REFUND POLICY FOR INDIVIDUAL REGISTRANTS:

If you withdraw prior to the first class on January 7, 2016 you may send a substitute or request a refund less \$50 for processing. There are no refunds after Jan. 7, 2016.

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### PARTICIPATING PARTNER

WASHINGTON  
Madigan Army Medical Center, Tacoma

### CO-SPONSORING AGENCIES AND SITES

#### ALASKA

Alaska Native Medical Center, Anchorage  
Maniilaq Health Center, Kotzebue

#### HAWAII

Straub Clinic & Hospital, Honolulu

#### IDAHO

Portneuf Medical Center, Pocatello

#### ONLINE

Individual Registrants (Not Affiliated with a  
Co-Sponsoring Agency), Online

#### WASHINGTON

CHI Franciscan Health:  
St. Anthony Hospital, Gig Harbor  
St. Clare Hospital, Lakewood  
St. Elizabeth Hospital, Enumclaw  
St. Francis Hospital, Federal Way  
St. Joseph Medical Center, Tacoma  
Island Hospital, Anacortes  
Jefferson Healthcare, Port Townsend  
Kittitas Valley Healthcare, Ellensburg  
PeaceHealth St. Joseph Medical Center, Bellingham  
Providence Centralia Hospital, Centralia  
Providence St. Peter Hospital, Olympia  
Skagit Regional Health, Mount Vernon  
Swedish Medical Center, Seattle  
UW Medicine/Harborview Medical Center, Seattle  
UW Medicine/Northwest Hospital and Medical Center,  
Seattle  
UW Medicine/University of Washington Medical Center,  
Seattle  
UW Medicine/Valley Medical Center, Renton  
Whidbey General Hospital, Coupeville  
Yakima Valley Memorial Hospital, Yakima